

# TLC's Little Comets Snack Menu



	Week 1		Week 2		Week 3		Week 4		Week 5		Week 6	
Effective Dates:	9/5 AM	10/17 11/28 1/9 PM	9/12 10/24 12/5 1/16 AM	PM	9/19 10/31 12/12 1/23 AM	PM	9/26 11/7 12/19 1/30 AM	PM	10/3 11/14 12/26 2/6 AM	PM	10/10 11/21 1/2 2/13 AM	PM
Monday	Cereal and Milk	Pretzels and Raisins	Yogurt & Animal crackers	Ham and crackers	Muffins & Milk	Snack Mix up	Cereal and Milk	Pretzels and Raisins	Yogurt & Animal crackers	Crackers & Ham	Muffins & Milk	Snack Mix up
Tuesday	Cookies and Juice	Fresh Fruit & Goldfish	PB Crackers Juice	Pretzels & Ranch	Apple Granola Bar & Milk	String cheese & Animal Crackers	Cookies and Juice	Fresh Fruit & Goldfish	PB Crackers Juice	Pretzels & Ranch	Apple Granola Bar & Milk	String cheese & Animal Crackers
Wednesday	Graham Crackers & pudding	Cheese & Sausage	Fruit & Cottage Cheese	Cheese stick & Crackers	Banana & yogurt	Apple Slices & Peanut Butter	Graham Crackers & pudding	Cheese & Sausage	Fruit & Cottage Cheese	Cheese stick & Crackers	Banana & yogurt	Apple Slices & Peanut Butter
Thursday	Veggie Straws & Juice	Cucumber slices & Crackers	Chips & Hard Boiled Egg	Chex Mix & Juice	Pudding & nilla wafers	Crackers & cream Cheese	Veggie Straws & Juice	Cucumber slices & Crackers	Chips & Hard Boiled Egg	Chex Mix & Juice	Pudding & nilla wafers	Crackers & cream Cheese
Friday	Popcorn & Juice	Carrots and Ranch	Cookies & Juice	Seasonal Fruit & Crackers	Animal Crackers & Milk	Cheese & Crackers	Popcorn & Juice	Carrots and Ranch	Cookies & Juice	Seasonal Fruit & Crackers	Animal Crackers & Milk	Cheese & Crackers

Snacks are subject to changed based on availability

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	Week 1		Week 2		Week 3		Week 4		Week 5		Week 6	
<b>Effective Dates:</b>	2/20, 4/3, 5/15, 6/26, 8/7 AM PM		2/27, 4/10, 5/22, 7/3, 8/14 AM PM		3/6, 4/17, 5/29, 7/10, 8/21 AM PM		3/13, 4/24, 6/5, 7/17, 8/28 AM PM		3/20, 5/1, 6/12, 7/24 AM PM		3/27, 5/8, 6/19, 7/31 AM PM	
<b>Monday</b>	Cereal & Milk	Pretzels & Raisins	Yogurt & Goldfish	Graham Crackers & Applesauce	Muffins & Milk	Wheat Thins & Juice	Cereal & Milk	Pretzels & Raisins	Yogurt & Goldfish	Graham Crackers & Applesauce	Muffins & Milk	Wheat Thins & Juice
<b>Tuesday</b>	Cookies & Milk	Fresh Fruit & Goldfish	PB Crackers & Juice	Pretzels & Ranch	Granola Bar & Milk	String Cheese & Teddy Grahams	Cookies & Milk	Fresh Fruit & Goldfish	PB Crackers & Juice	Pretzels & Ranch	Granola Bar & Milk	String Cheese & Teddy Grahams
<b>Wednesday</b>	Graham Crackers & Yogurt	Cheese & Sausage	Rice Krispie Treat & Milk	Cheese Stick & Crackers	Banana & Yogurt	Apple Slices & Peanut Butter	Graham Crackers & Yogurt	Cheese & Sausage	Rice Krispie Treat & Milk	Cheese Stick & Crackers	Banana & Yogurt	Apple Slices & Peanut Butter
<b>Thursday</b>	Veggie Straws & Juice	Cucumber slices & Crackers	Apple Slices & Peanut Butter	Chex Mix & Juice	Pudding & Nilla Wafers	Cheez It & Craisins	Veggie Straws & Juice	Cucumber slices & Crackers	Apple Slices & Peanut Butter	Chex Mix & Juice	Pudding & Nilla Wafers	Cheez It & Craisins
<b>Friday</b>	Popcorn & Juice	Pop Tart & Milk	Animal Crackers & Milk	Seasonal Fruit & Crackers	Pretzel Goldfish & Milk	Cheese Cubes & Club Crackers	Popcorn & Juice	Pop Tart & Milk	Animal Crackers & Milk	Seasonal Fruit & Crackers	Pretzel Goldfish & Milk	Cheese Cubes & Club Crackers

